



PTA Fluoride Rinse Program



The weekly fluoride rinse program, available to students in 1st -5th grades, helps protect the teeth that are already in your child's mouth. "Every day, minerals are lost from a tooth's enamel layer when acids -- formed from plaque bacteria and sugars in the mouth -- attack the enamel. Fluoride rinse helps redeposit to the enamel layer to prevent tooth decay by making the tooth more resistant to acid attacks. It also reverses early decay." Web MD. Students are instructed in how to rinse and are supervised while doing so. If the fluoride is accidentally swallowed, there are no adverse effects. "98 percent of any fluoride absorbed by this very dilute rinse is excreted by the body. I concede that there is exposure, but you need to balance this extremely small risk against the benefits of preventing dental disease." Ellie Phillips DDS. Fluoride treatments will begin October 5th.

| | | |
|--------------------|---------------------|-----|
| Child's name _____ | Teacher/Grade _____ | \$4 |
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Please make any checks payable to Hillcrest PTA. You may include the cost of fluoride with other PTA payments in one check.
 Questions? Please contact Alex Goble at 757-2467.

Parents MUST sign below to participate!

I hereby give permission for my child(ren) listed above to participate in the fluoride rinse program.

 Signature of parent or guardian and date



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